

**Youth Summer Training 2019
Optimists and Toppers
Fevas & Hartleys (later start date)**

Youth summer training is aimed at sailors from total beginners (min 8 Yrs /turning 8 yrs in 2018) up to those interested in improving their sailing, including racing skills. It is hoped this will give them the opportunity and skills to equip them to participate on the open racing circuit and to attend national events.

Our aim is to develop skills and confidence in PSC Youth Sailors and help non zone squad sailors gain places at next year's zone squad selection by improving their sailing ability, confidence and ability to apply racing tactics.

Youth Summer Training will be run on Saturday mornings from 6th April (27th April for total beginners) and will run through to October. Briefings will be held at 9.30am, and sailors will need to be rigged and ready with the session debrief at 12.30pm. Parents need to be willing to help out either onshore or as Safety boat crew or helm.

There will be a charge of **£80** to cover coaching expenses for all training days, cap and water bottle. You are not expected to turn up for all sessions. However, it is vital that you respond to communications if you are to attend as there are strict ratios for trainers to sailors.

To secure your registration, please fill in the attached application and a cheque for £80 to be sent to the address at bottom of form payable to **Papercourt Youth**. Please return completed forms by **29th March 2019**.

You must hold full PSC membership for you and your child in order to participate.

If there are any questions, please contact Jeremy Riley regarding training and Jo Armstrong regarding administration.

Application Form - **YOUTH SAILORS**

Membership No.

Please complete all of the following

PERSONAL DETAILS

First Name	Surname	Date of Birth	M / F
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>

CONTACT DETAILS

Home Telephone	Parent (1) Mobile	(min 8yrs/turning 8 in 2019) Parent (2) Mobile
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>

Home email

SAILING EXPERIENCE / BOAT DETAILS

Sailing Level IOCA/RYA Qualifications	Sail No	Confirm Insurance in Place
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text" value="YES (must be ves)"/>

Optimist	Topper	Feva/Hartley
<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>	<input style="width: 100%;" type="text"/>

Does the sailor have an IOCA Log Book (Optimist sailors only)?	New IOCA Log Book Required?
<input style="width: 100%;" type="text" value="YES/NO"/>	<input style="width: 100%;" type="text" value="YES/NO"/>

I understand that we all need to do our share of duties. I would be happy to help with the following and understand that I will be allocated a duty rota.

	Parent 1 (name)	Parent 2 (name)
Admin (Sat/Events Registration Desk)		
Safety Boat (must have PB2)		
Safety Boat Crew (no qualification reqd)		
Sailing Instruction (show qualifications)		
Jetty Sweeping (no qualification reqd!!)		
Barbeque cooking		
Catering support for events		
General support / Works party		

Please Note – The club is not acting in Loco Parentis during any club based training sessions so for legal reasons please ensure that a parent or appointed guardian is present at the club at all times during the training session for children under 16 years of age. We consider this to be very important both in terms of supporting your child and also supporting the squad as a whole, as during the day many volunteers are needed. We look forward to your co-operation so that your child gets the most out of the training here at Papercourt Sailing Club.

(By signing this form you as a parent agree to the above statement).

Whilst all reasonable care will be taken, the club cannot accept responsibility for any loss, injury or damage to people or property.

I confirm suitable boat with valid current third party insurance of at least £2million is in place, for the duration of the course, and will ensure the applicant shall wear a suitable clothing and personal buoyancy device.

Signed applicant

I enclose a cheque payable to 'Papercourt Youth' for £80

Signature of Parent or Guardian

Send completed application form with medical & disclaimer forms AND payment to:

Papercourt Youth
Mrs Jo Armstrong
Satyrs, Garden Close,
Leatherhead, KT22 8LU

MEDICAL FORM

(Please complete for each Sailor/Participant using BLOCK CAPITALS)

Name of Child/Participant

Disability: The Disability Discrimination Act 1995 defines a person as anyone with 'a physical or mental impairment, which has a substantial long-term adverse effect on his or her ability to carry out normal day to day activities.

Do you consider the Child/Participant to have a disability? YES / NO

If so, please give details.

Visual Impairment

Hearing Impairment

Physical Disability

Learning Disability

Multiple Disability

Other (Please specify)

Does the Child/Participant have any specific medical conditions? YES / NO

If so, please give details.

Does the Child/Participant take any medication? YES / NO

(including intermittently, e.g. inhaler)

If so, please give details. & how/where will this be held available should it be required?

Does the Child/Participant have any allergies? YES / NO

If so, please give details.

Is there anything else you feel the organisers should know about the participant?

Swimming Ability (can swim a minimum of 50 metres) YES/NO

In an emergency, I agree to the course organisers, or person nominated by them giving consent to a doctor for emergency medical treatment, if the doctor concerned reasonably believes it is essential for the well-being of the participant. I will notify the organisers of any changes to the above prior to/during the course.

Sailors participate in PSC Youth Training and Club Activities entirely at their own risk. PSC do not operate as a child minding service and are unable to provide child care facilities. A Parent, Guardian or other named adult must remain on club premises throughout each session and shall be at all times responsible for the conduct and participation of the sailor in his or her care. Papercourt Sailing Club will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, or during, or after the sessions

Signature of Parent/Guardian

Date

Name of Parent/Guardian.....

Phone no.

Some of the details on this form will be held on computer & used for administration purposes only.

PARENTAL DISCLAIMER 2019

(please complete for each Sailor participant using BLOCK CAPITALS)

Sailor/Participant's Name: _____

Date of Birth: _____

Address: _____

Post Code: _____

I agree that I will not for myself nor for the above named, hold the Club, it's Officers, Members or assistants, liable for any injury or damage or loss suffered by myself or the above named while engaging in Club activities, sailing programme, Youth Training and race training (collectively "Club Activities") Club either on Club premises or elsewhere, or activities for which the Club is or may be responsible and I will indemnify the Club and hold harmless the Club, It's Officers, Members and assistants against all actions, claims or demands which may arise.

I accept responsibility for the above named conduct while participating in Club Activities, on Papercourt Lake and on or around the Club premises. I understand that the decision to allow the above named to participate in any Club Activities is solely my responsibility and I understand that the Racing Rules of Sailing will apply at all times.

I declare that the above named can swim 50m unaided. I declare and understand and agree that the above named child may be photographed or filmed by the Club, its Officers, Members, agents or assistants and the images used for training or promotional purposes and waive any copyright.

I understand that sailing, in common with all water sports, has its attendant risks. I further understand that the Club, its Officers, Members and assistants are only able to provide rescue facilities during the hours of Club racing / training and that, outside of these hours the Club, it's Officers, Members and assistants cannot accept responsibility for children or any other person engaged in Club Activities.

The Club, its Officers, Members and assistants, RYA Instructors, Senior Instructors and RYA Coaches do not accept any responsibility for any loss damage or injury suffered by persons and or their property arising out of or during Club Activities while training, instructing or coaching, unless such injury, loss or damage was caused by, or resulted from gross negligence or a deliberate act.

I undertake to ensure the above named will observe and abide by the Club's rules and bylaws and attend Club Activities suitable clothing with long hair tied back and wearing a suitable personal floatation device. I accept responsibility for the seaworthiness or his/her boat and for its adequate insurance against third party claims in the sum of not less than £2million.

I declare that I have disclosed any medical problems that might possible affect the above named during Club Activities. As the parent/guardian of the above named I give permission to the organisers to administer any relevant treatment or medication to the above named participant when or if necessary. In an emergency situation I authorise the organisers to take the above named to hospital and give my permission for any treatment required to be administered in accordance with the hospital / emergency services diagnosis. I understand and that I shall be notified, as soon as possible, of the hospital visit and any such treatment.

Signature of Parent/Guardian _____

Date _____

Name of Parent/Guardian _____

If different from above:

Tel No.: _____ Mobile: _____

E-mail: _____

Address _____

Post Code: _____