

PSC Youth Winter Training 2020/21

This training is aimed at sailors who are interested in improving their sailing skills, including racing. It is hoped this will give them the opportunity and skills to equip them to participate in Optimist and Topper Open meetings and/or Zone Squads. Our aim is to develop skills and confidence in PSC Youth Sailors in more difficult sailing conditions. In addition, there will be youth training for Lasers on separate dates .

This is open to all youth sailors who are competent and ready for intensive coaching in cold weather. They will need suitable cold weather clothing. A dry suit is preferably for those new to winter sailing. Applicants are expected to take part in the 2020/2021 PSC Open Meetings and perhaps try out Opens at other clubs as well as national events.

Training will be run in separate groups of ability. additional cost. Parents need to be willing to help out for a minimum of two duties either for running the tea bar or locking up the club at the end of the day, we need you to sign up for these at the time of application.

There will be a charge of £90 to cover coaching expenses for all 8 training dates. To encourage attendance at the majority of Saturdays, there is no payment for individual sessions. We will be using experienced Dis as well as Als

Proposed Training Dates

9am start. The following dates are planned. Sailors are expected to attend all sessions although it is acknowledged that school commitments may affect this. If you are aware of any date that your child won't make it to the training, please cross it out (or delete as required) so that you are not allocated a duty that day.

TOPPER OPEN – 31st October 2019

7th November 2020	21st November 2020
5th December 2020	
9th January 2021	23rd January 2021
6th February 2021	20th February 2021
6th March 2021	20th March 2021

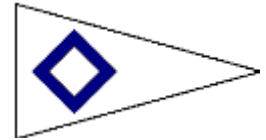
Application

Applications should be made on the attached application form and sent to papercourtyouth@gmail.com

If you have any questions relating to winter training, please contact Jeremy Riley or Richard Burt. Payment is £90. Please can you pay by BACS to following youth account **(THIS IS NOT THE MAIN PAPER COURT ACCOUNT):**

Account Name	Papercourt Sailing Club Re Youth
Sort Code	20-97-58
Account Number	23736938
Reference	Surname & first initial please (eg. Smith R)

**Papercourt Sailing Club
Youth Winter Training 2020-2021
Application Form**



Please complete all of the following: *(Please use detail where required)*

PERSONAL DETAILS

First Name	Surname	Date of Birth	Current Age
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

ADDRESS

MEMBERSHIP NUMBER

CONTACT DETAILS

Home Telephone	Parent (1) Mobile	Parent (2) Mobile
<input type="text"/>	<input type="text"/>	<input type="text"/>

Home email	Sailor's email (optional)
<input type="text"/>	<input type="text"/>

SAILING/BOAT DETAILS

Sailing Level/RYA Qualification	Sail No	Applied for 2019/20 RYA Zone Squad?
<input type="text"/>	<input type="text"/>	<input type="text" value="YES/NO"/>

Optimist	Topper	Feva
<input type="text"/>	<input type="text"/>	<input type="text"/>

Skills you're looking to improve. Racing opportunities you would like to pursue (open/squad/national)

Please Note – *The club is not acting in Loco Parentis during any club based training sessions so for legal reasons please ensure that a parent or appointed guardian is present at the club at all times during the training session. We consider this to be very important both in terms of supporting your child and also supporting the squad as a whole, as during the day many volunteers are needed. We look forward to your co – operation so that your child gets the most out of the training here at Papercourt Sailing Club.*

(By signing this form you as a parent agree to the above statement).

PARENT GUARDIAN SUPPORT

As always with all training or events we need help onshore and on the water. Parents MUST therefore register for duties for sailors to be eligible for PSC Winter Training.

Please state your preference for parental duties. There is a minimum requirement of two duties either for catering lead or locking up the club.

1st Choice - Catering Lead

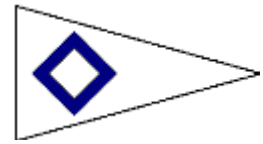
1st Choice - Locking up the Club

Preferred date 1

Preferred date 2

I confirm that I've paid by BACS to Papercourt Youth account £90

SIGNATURE of PARENT OR GUARDIAN



Medical Form and Contact details.

(Please complete for each Sailor/Participant using BLOCK CAPITALS)

Name of Child/Participant

Disability: The Disability Discrimination Act 1995 defines a person as anyone with ‘a physical or mental impairment, which has a substantial long-term adverse effect on his or her ability to carry out normal day to day activities.

- Do you consider the Child/Participant to have a disability? YES/NO
- Visual Impairment YES/NO
- Hearing Impairment YES/NO
- Physical Disability YES/NO
- Learning Disability YES/NO
- Multiple Disability YES/NO
- Other (Please specify)

Does the Child/Participant have any specific medical conditions? YES/NO
If so, please give details.

Does the Child/Participant take any medication? YES/NO
(including intermittently, e.g. inhaler)

If so, please give details. & how/where will this be held available should it be required?

Does the Child/Participant have any allergies? YES /NO
If so, please give details.

Is there anything else you feel the organisers should know about the participant?

Swimming Ability (can swim a minimum of 50 metres) YES/NO

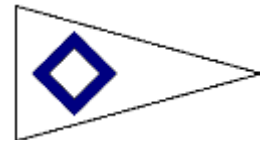
In an emergency, I agree to the course organisers, or person nominated by them giving consent to a doctor for emergency medical treatment, if the doctor concerned reasonably believes it is essential for the well-being of the participant. I will notify the organisers of any changes to the above prior to/during the course.

Sailors participate in PSC Youth Training and Club Activities entirely at their own risk. PSC do not operate as a child minding service and are unable to provide child care facilities. A Parent, Guardian or other named adult must remain on club premises throughout each session and shall be at all times responsible for the conduct and participation of the sailor in his or her care. Papercourt Sailing Club will not accept any liability for material damage or personal injury sustained in conjunction with or prior to, or during, or after the sessions

Signature of Parent/Guardian Date

Name of Parent/Guardian..... Phone no.

Some of the details on this form will be held on computer & used for administration purposes only.



PARENTAL DISCLAIMER PSC WINTER TRAINING 2020/2021
(please complete for each Sailor participant using BLOCK CAPITALS)

Sailor/Participant’s Name: _____ **Date of Birth:** _____

Address (if different from first page of application form) :

_____ **Post Code:** _____

I agree that I will not for myself nor for the above named, hold the Club, its Officers, Members or assistants, liable for any injury or damage or loss suffered by myself or the above named while engaging in Club activities, sailing programme, Youth Training and race training (collectively “Club Activities”) Club either on Club premises or elsewhere, or activities for which the Club is or may be responsible and I will indemnify the Club and hold harmless the Club, its Officers, Members and assistants against all actions, claims or demands which may arise.

I accept responsibility for the above named conduct while participating in Club Activities, on Papercourt Lake and on or around the Club premises. I understand that the decision to allow the above named to participate in any Club Activities is solely my responsibility and I understand that the Racing Rules of Sailing will apply at all times.

I declare that the above named can swim 50m unaided. I declare and understand and agree that the above named child may be photographed or filmed by the Club, its Officers, Members, agents or assistants and the images used for training or promotional purposes and waive any copyright.

I understand that sailing, in common with all water sports, has its attendant risks. I further understand that the Club, its Officers, Members and assistants are only able to provide rescue facilities during the hours of Club racing / training and that, outside of these hours the Club its Officers, Members and assistants cannot accept responsibility for children or any other person engaged in Club Activities.

The Club, its Officers, Members and assistants, RYA Instructors, Senior Instructors and RYA Coaches do not accept any responsibility for any loss damage or injury suffered by persons and or their property arising out of or during Club Activities while training, instructing or coaching, unless such injury, loss or damage was caused by, or resulted from gross negligence or a deliberate act.

I undertake to ensure the above named will observe and abide by the Club’s rules and bylaws and attend Club Activities suitable clothing with long hair tied back and wearing a suitable personal floatation device. I accept responsibility for the seaworthiness or his/her boat and for its adequate insurance against third party claims in the sum of not less than £2million.

I declare that I have disclosed any medical problems that might possible affect the above named during Club Activities. As the parent/guardian of the above named I give permission to the organisers to administer any relevant treatment or medication to the above named participant when or if necessary. In an emergency situation I authorise the organisers to take the above named to hospital and give my permission for any treatment required to be administered in accordance with the hospital / emergency services diagnosis. I understand and that I shall be notified, as soon as possible, of the hospital visit and any such treatment.

Signature of Parent/Guardian _____ **Date** _____

Name of Parent/Guardian _____

Contact details if different from front page of application form:-

Tel No.: _____ **Mobile:** _____ **E-mail:** _____

Address _____

_____ **Post Code:** _____